

What your Contribution Provides

For the cost of everyday items and activities you can provide health and human services for people in your community. Look at what various services can be provided by gifts of all sizes.



50

A night at the movies for a family of four

- 25 meals delivered to home bound seniors with disabilities
- 50 rides for individuals to attend important appointments such as the doctor
- Complete outfit and school supplies for the school year for a child in need



100

Large coffee every Friday for a year

- Four hours of counseling for a victim of sexual abuse
- Provide 4 individuals with CPR training and save lives
- 10 in home visits by nurses to help mothers properly care for their children



250

Hannah Montana tickets from ticket broker

- A week of shelter for a battered woman and her children
- After school care for one child for 6 weeks
- 4 days of shelter, meals, and counseling for individuals suffering from alcohol and chemical dependency



500

XBOX 360 with Guitar Hero

- School supplies for 25 children whose families cannot afford them
- Provide 5 families with assistance on their utility bills
- 2 weeks of shelter for an abused woman and her children



1000

Flat Screen HDTV

- Five weeks of day care for a toddler from a low income family, including healthy breakfasts, lunches, and afternoon snacks
- 25 days of care or respite caregivers of loved ones with Alzheimer's
- Flu shots for children in need at a child care center



United Way of South
Central Nebraska